

# The Art of Compassionate Therapy

## An Introductory Workshop in Hakomi Therapy

January 30 - 31, 2009  
Edmonton, Alberta

All therapies talk about qualities like positive regard, acknowledgment, acceptance and non-judgement. Not many therapies have a set of spiritual principles to guide therapists towards those qualities. Hakomi combines principles from Buddhism and Taoism, with psychotherapeutic methods, to create a mindfulness-based, body-centered, gentle therapy that supports peoples' defenses and creates the safety needed for the unconscious to unfold. The attitude and "personhood" of the therapist is just as integral a part of therapy as any technique. Loving Presence and the use of Mindfulness to facilitate self-study and exploration provide the container for personal growth and healing of deep wounds.

### You will learn:

This workshop will give an overview and "taste" of Hakomi. Through small talks and experiential exercises, you will have an opportunity to experience working from an open heart, using Mindfulness, both as a therapist, and a client.

### **Beth Falch-Nielsen, R.C.C., C.H.T.**

Instructor: **Beth Falch-Nielsen** is a Registered Clinical Counsellor in B.C. and a Certified Hakomi Therapist and Trainer. She has been in the counselling field for over 30 years and has maintained a private practice for the last 20 years. Beth sees clients and teaches Hakomi in Duncan, Victoria and Edmonton..

Contact Hakomi Organizer Diane Priebe, [diane.priebe@shaw.ca](mailto:diane.priebe@shaw.ca) for more information.

Visit us online at [www.hakomiedmonton.ca](http://www.hakomiedmonton.ca).



# Workshop Registration Form

Please return this form and a cheque for your full payment to:  
Diane Priebe 9313 – 95 St., Edmonton AB T6C 3X1  
*Please make cheques payable to Hakomi Edmonton*

Name \_\_\_\_\_  
(please print)

Address \_\_\_\_\_

City \_\_\_\_\_ Prov. \_\_\_\_\_ Postal Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_ E-mail \_\_\_\_\_

How did you hear about this workshop? \_\_\_\_\_  
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## **The Art of Compassionate Therapy An Introduction to Hakomi Body-Centered Psychotherapy With Beth Falch-Nielsen**

**January 30 – 31, 2009  
Edmonton, AB**

### **TIMES**

Fri. Jan. 30: 1 p.m. – 5 p.m.  
Sat. Jan. 31: 9 a.m. – 5 p.m.

### **TUITION**

Special rate: \$165.00  
Student rate: \$125.00

### **LOCATION**

Providence Renewal Centre  
3005 – 119 St.  
Edmonton

### **Refund Policy**

No refunds after Jan.10th, 2009. Refunds prior to Jan. 10th are subject to a \$50.00 administration fee.  
*[www.hakomiedmonton.ca](http://www.hakomiedmonton.ca)*